

Pays de la Loire – Porto (ALOHA)

Twinning overview

Originator: Gerontopôle Autonomie Longevite des Pays de la Loire, Pays de la Loire	Adopter: University of Porto, Porto Metropolitan Area	Innovative Practice: ALOHA
Innovative Practice Description		
<p>The transferred innovative practice is based on the adaptation of a successful French good practice of the Metropolitan Region of Porto. This platform integrates an innovative e-Health expert system for the prevention of infectious diseases in seniors over 50 with or without non-communicable chronic diseases, thus reducing the burden of such diseases. This initiative aims to provide a web portal to inform, educate and engage seniors and healthcare professionals on prevention (vaccination, nutrition, physical activity, controlled used of antibiotics) providing tools for personal and tailored recommendations, in order to empower users and enable them to make correct and good preventive choices. Under this Twinning Scheme, we propose to implement this platform, following the same abovementioned principles.</p> <p>This platform is linked to an European umbrella web platform: www.aloha-academy.eu. All national platforms, included the Portuguese one, will be linked.</p> <p>This activity will encompass its translation and cultural adaptation into Portuguese and its dissemination (www.academia-bem-envelhecer.up.pt).</p>		
Link to the EIP on AHA Repository of innovative practices:		
https://ec.europa.eu/eip/ageing/repository/aloha-active-and-healthy-ageing-academy_en		
Innovation Scope:		
<ul style="list-style-type: none"> • ICT tools supporting adherence to care plans • ICT-supported integration of health and social care services • Online health portals 		
Innovation Type:		
The innovation is being implemented in its full scope (Level 4) by using local infrastructure.		
AHA Action Group:		
✓ A1. Prescription and adherence action at regional level		
Twinning Objectives:		
<p>This twinning activity aims to act as a step stone to other future endeavours between Porto4Ageing and Gerontopôle Autonomie Longevite des Pays de la Loire and it is an objective that both institutions are fully committed to.</p> <p>As for the implementation of the solution, both Reference Sites are already working together in the development of common contents for e-books and they intended to continue doing so after the completion of this twinning activity. Training, adaptation and customisation of the solution and help to overcome barriers are also envisaged, being indeed the core of this project.</p> <p>Furthermore, it will act as the first step to dissemination in other countries. The experience of this first twinning project could lead to others partnerships with interested institutions in different countries.</p>		
Twinning end result:		
The web platform is online: www.academia-bem-envelhecer.up.pt		